

# Building Self-Sufficiency

Brighton Center believes self-sufficiency is taking responsibility to provide for yourself and your family using available resources to maintain the best quality of life possible. Our comprehensive approach to bundling services and programs allows us to meet the often complex needs of a family. Our approach is based on a philosophy that families become our partners in creating change by sharing their hopes and dreams then setting goals to accomplish them. Self-sufficiency is a constantly evolving process and we have learned that families move through the continuum based not only on their current situation but also their long-term goals. They move back and forth through the process as new or developing opportunities, challenges, or life goals come about. These ideas guide our work, our interactions with the community, and our actions in helping people build connections, skills, and a future.



**BUILDING CONNECTIONS** 

**7,192**  
youth received information about how to access a Safe Place

**6,526**  
individuals learned about Brighton Center services through Community Engagement initiatives


**4,343**  
seniors were reached through community education events by the Senior Medicare Patrol

**BUILDING SKILLS** 

**12,456**  
participated in career counseling or coaching to learn new job skills

**199**  
family members learned new skills through activities at Bright Days Child Development Center

**1,083**  
families made a significant step toward reaching their self-sufficiency goals

**BUILDING A FUTURE** 

**920**  
Individuals were employed a minimum of 90 days

**194**  
individuals completed a certificate, associate's degree or bachelor's degree from a post-secondary institution

**824**  
Northern Kentucky residents volunteered to complete neighborhood based work in their communities