



Brighton Recovery Center – Campbell County

Address: 5161 Skyline Drive, Newport, KY 41017 (unincorporated part of Campbell County) (55 acres)

The property consists of a large, historic farmhouse and garage; 3 residential buildings; equestrian barn; full gymnasium.

Proposal: Create housing and supportive recovery services based on the Recovery Kentucky model at this location to serve 46-52 women at a time, age 18 or older. Brighton Center, Inc. would provide the services and Brighton Properties, Inc. would own and manage the property.

Services Provided: Furnished rooms/apartments and meals for all women residing at the property; educational groups using Recovery Dynamics Curriculum; daily living skills; link to AA sponsorships and community meetings; health services management; case management to ensure a holistic approach to recovery; facilitated community-driven approach using Peer Mentors to support recovery; family education; and connection to Brighton Center's full array of services.

Program Components: 8 beds in Safe Off the Streets, 14 beds in Motivational Track, 19 beds in Phase I, 5 beds in Phase II Transition; [21 apartments]) See description of these components below.

Recovery Model:

Safe, Off-the-Street Sobriety (SOS): Introduces the customer to the program and sober living through a supportive environment, including peers who are in recovery. (7-10 days)

Motivational Tracks: Assessments are made on the customer's motivation to change their behaviors and attitudes by participating in educational classes and AA/NA meetings. (8-10 weeks)

Phase I: Includes learning responsibility and accountability to the overall community and environment as well as completing classes on working the 12 steps of AA. (3-5 months)

Phase 2: Customers may become employed or become Peer Mentors to others who are entering the Recovery Center. (1-3 months)

Family Education meetings offered to highlight the model and increase understanding of the disease.

Evaluation:

Third-party independent evaluation has been conducted annually by the UK Center on Drug and Alcohol Research; Recovery Center Outcome Study for the past 5 years.

Findings from 2016 report: Significant reductions in the use of any illegal drugs (96% decrease) and alcohol (92.9% decrease); mental health symptoms decreased significantly (95.2% decrease); significant decreases in criminal justice system involvement (96% decrease); and increased recovery support (170% increase). (Based on a random sampling of women).

The random sample of women was taken 12 months after program intake (Phase I).