

Brighton Recovery Center

"Women are encouraged to have safe, healthy and positive attitudes that values sobriety, ongoing recovery leading to successful lives."



315 women served in Fiscal Year 2016-2017

Programs

- Brighton Recovery Center for Women
- Center Table, *Catering with a Purpose*
- Sober Living



About 21 million Americans are caught in the grips of addiction each year. Women are the fastest growing segment of people with substance use disorder in the United States and often become addicted faster, have a harder time stopping, and are often the last to seek help.

For more information, contact Anita Prater, Brighton Recovery Center Director at (859) 491-8303 ext. 5482 or aprater@brightoncenter.com

All impact statements are for Fiscal Year 2017 (7/1/2016 through 6/30/2017)



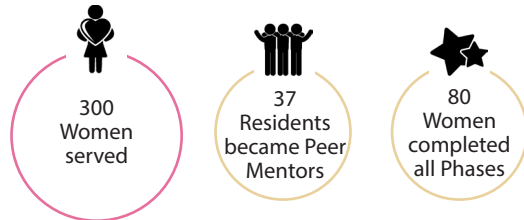
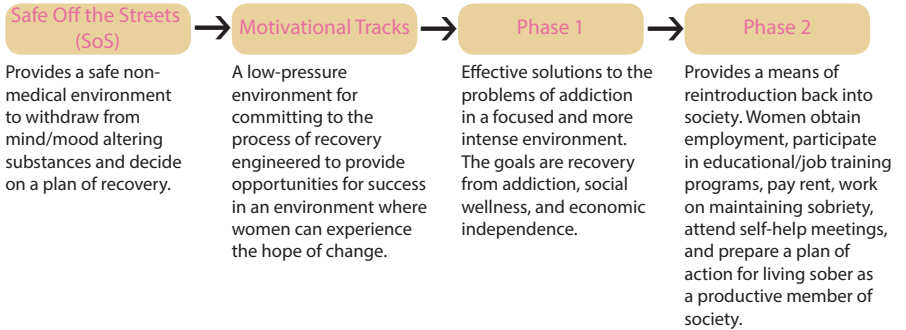
OUR MISSION:

To create opportunities for individuals and families to reach self-sufficiency through support services, education, employment, and leadership.

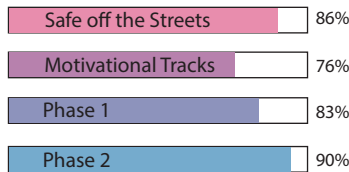


BRIGHTON RECOVERY CENTER FOR WOMEN

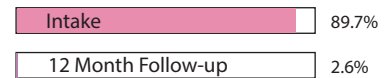
A long-term, holistic approach to recovery that is comprised of four distinct modules of progression and ultimately connected to an array of Brighton Center services. The 100-bed facility is located in Boone County and utilizes Recovery Dynamics. The focus is to help women change their behavior, skills, and attitudes related to their addictive lifestyle.



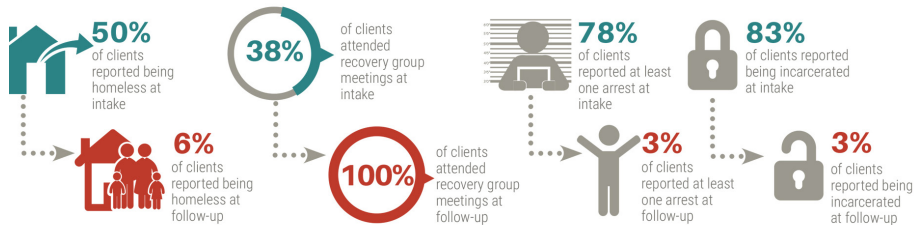
Retention Rates



Percent of women reporting using illicit drugs before entering the Recovery Center and at 6 month follow up.



DECREASES IN CURRENT HOMELESSNESS INCREASES IN PAST-30-DAY RECOVERY SUPPORTS DECREASES PAST-6-MONTH CRIMINAL JUSTICE INVOLVEMENT



COST SAVINGS OF RECOVERY CENTER SERVICES

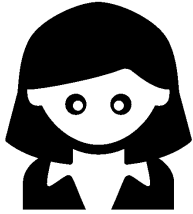


Estimates of the cost per drug user and alcohol user were applied to the sample to examine the total costs of drug and alcohol abuse to society in relation to expenditures on the Recovery Kentucky program. The cost savings analysis suggests that for every dollar spent on recovery services there was a \$2.99 return in avoided costs (i.e., costs to society that would have been expected given the costs associated with drug and alcohol use).

Prepared by: Logan, TK, Scrivner, A., Cole, J., & Miller, J. [2017]. *The Brighton Center for Women 2017 Fact Sheet*. Lexington, KY: University of Kentucky, Center on Drug and Alcohol Research.

Brighton Recovery Center

Five Year Impact Data (FY13- FY17)



1,585

women were served residentially through the Brighton Recovery Center for Women



74%

of women reported no relapse six months after completing Phase 1 of the program

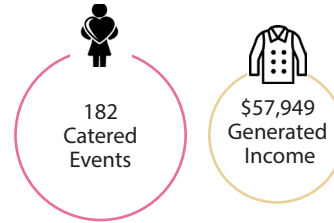


171

women became Peer Mentors

CENTER TABLE, *Catering with a Purpose*

CENTER TABLE is a catering social enterprise that uses fresh, house-grown, seasonal ingredients to create delicious food for all occasions from backyard barbecues to business lunches and elegant celebrations. Profits from CENTER TABLE support recovery efforts and culinary arts training programs for women with addiction. When you hire CENTER TABLE, you delight your guests with exceptional food and service while helping to transform lives.



The Culinary Training component of CENTER TABLE is an educational training program that has both life skills and food service curriculum available to Phase I & II residents in order to gain work in the food service industry after completion. Participants gain a full understanding of the food service industry through hands-on-training that includes food preparation and classroom participation totaling 34 hours a week for 6-10 weeks.



CONTACT US

Randolph Smith
Food Service Manager
rsmith@brightoncenter.com
Phone: 859-292-5492
After Hours Number: 859-652-1028
www.centertable.com

CENTER TABLE, *Catering With a Purpose* was developed to support women in recovery on their journey to self-sufficiency by providing a way to gain skills for employment in the food industry. About 41% of women in the Brighton Recovery Center are able to obtain employment in the food service industry during Phase II and after graduation. For women re-entering the community, having a means of income to support themselves and their families is critical to overall recovery. CENTER TABLE, *Catering with a Purpose* is here to insure their careers in the industry are long and successful.

SOBER LIVING PROGRAM



Provides safe, affordable housing to Brighton Recovery Center and Recovery Kentucky graduates that promotes permanent sobriety upon integration back into the community. The Sober Living Program believes housing and employment significantly increase an individual's opportunity to stay clean and sober.

