POSITIVE OUTCOMES FOR CLIENTS FROM THE

BRIGHTON CENTER FOR WOMEN

THE BRIGHTON CENTER FOR WOMEN OUTCOME STUDY FACT SHEET - 2018



Recovery Kentucky was created to help Kentuckians recover from substance abuse, which often leads to chronic homelessness. This fact sheet describes outcomes for 22 women who participated in the Brighton Center for Women recovery program in FY 2016 and completed a 12-month follow-up survey n FY 2017.

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH

SUBSTANCE USE AND MENTAL HEALTH PROBLEMS

ANY ILLEGAL DRUG USE

clients reported any illegal drug use at intake



of clients reported any illegal drug use at follow-up

OPIOID USE



reported opioid¹ misuse at intake



of clients reported opioid1 misuse at follow-up



at intake

Clients meeting study criteria for **DEPRESSION**

at follow-up



Clients meeting study criteria for

ANXIETY

at follow-up



at intake

Clients reporting any use of

SUBSTANCES² to manage stress

at follow-up

SIGNIFICANT REDUCTIONS IN PAST-6-MONTH

ECONOMIC INDICATORS



CURRENTLY HOMELESS

at intake

at follow-up



Clients reporting difficulty

MEETING BASIC LIVING NEEDS

at intake

at follow-up

at intake

Clients reporting difficulty

MEETING HEALTH **CARE NEEDS**

at follow-up

INCREASES IN PAST-30-DAY

RECOVERY SUPPORTS

reported attending mutual help recovery group meetings in the past 30 days at intake

reported attending mutual help recovery group meetings in the past 30 days at follow-up

HIGH LEVELS OF SATISFACTION WITH

RECOVERY CENTER SERVICES



At follow-up, clients were asked about their experiences with recovery center services. They rated their experience on a scale from 1 = worst possible experience to 10 = best ever experience.



¹ Misuse of opioids other than heroin, including prescription opiates, methadone, and buprenorphine.

² Includes alcohol, prescription drugs, and illegal drugs.