



CENTER TABLE

Catering with a Purpose



Lunch
Menu

* BLT Wrap

WWW.CENTERTABLE.COM

Catering With A Purpose

Overview of CENTER TABLE, Catering with a Purpose

CENTER TABLE, Catering with a Purpose is a catering and culinary training component of Brighton Recovery Center for Women to help individuals achieve self-sufficiency. The Brighton Recovery Center for Women (BRC), located in Florence, Kentucky, is a program department of Brighton Center, Inc. and is a part of the State's Recovery Kentucky Initiative to help end chronic homelessness and combat substance abuse. CENTER TABLE provides BRC with unrestricted income to help support the operational budget and enhances the ability to serve eligible populations in the future.

How Center Table, Catering with a Purpose Works

CENTER TABLE's catering and training program provides residents in Phases I and II of the Brighton Recovery Program with educational training and life skills, as well as food service curriculum in order to gain work in the food service industry after completion. Residents in the training program can begin upon completion of Phase I of the recovery component. The culinary training curriculum provides a full understanding of the food service industry, is designed for hands-on training, and includes food preparation and classroom participation totaling 34 hours a week for 6 – 10 weeks.

About Our Garden

We only use fresh produce at CENTER TABLE, which is grown in our very own backyard. During the growing season, we harvest all of our own fruits and vegetables from our 50x50 garden and five raised beds.

Eco-Friendly

We strive to be environmentally conscious. We use green products whenever possible and compost most of our kitchen waste on a daily basis. Our eco-friendly practices allow us to utilize all of our resources from garden to plate. GO GREEN!



BRC Box Lunch

8.95 per person

*Box lunches include, any Sandwich or Salad of Your Choice; Cookie, Whole Fruit and Chips.

Cold Lunch

7.95 per person

*Sandwich or Salad Arrangement- Sandwich or Salad with any Soup or Side.

BLT Wrap

Smoked Bacon, Thick Sliced Tomatoes, and Romaine Lettuce in a Wrap.

Fajita Chicken

Spicy Sautéed Chicken with Fajita Vegetables



*Caprese Sandwich

Chicken Salad Croissant

House Made Chicken Salad, with Sliced Apples on a French Croissant.

Italian Deli Wrap

Classic Italian Meats, with Roasted Red Pepper Mayo, and Fresh Red Onion.

Roasted Turkey Sandwich

Roasted Turkey on Soft Bread with Au-jus, Horseradish Cream Sauce and Arugula.

Caprese Sandwich (v)

Thick Sliced Red Tomatoes, Fresh Mozzarella, and Green Pesto with a Balsamic Reduction.

Gorgonzola Pear Sandwich (v)

Honey Glazed Sliced Pears on Whole Wheat Bread, with a Gorgonzola Spread.

Olive Tapenade Sandwich (v)

Kalamata Olive, Red Pepper and Capers Mix, Fried Eggplant on Italian bread

Deli Ham Wrap

Thin Sliced Deli Ham with Cheese and Veggies



*Gorgonzola Pear Sandwich

Roast Beef Wrap

Thin Sliced Deli Roast Beef with Cheese and Veggies

(V) = Vegetarian

Salads

House Salad

Salad Straight from our House Garden

Arugula with Citronette and Nuts

Peppery Arugula Paired with a Subtle Citronette

Classic Greek

Fresh and Light VegeTable Filled Salad w/Feta

House Made Caesar

Homemade Croutons and Hand Shaved Parmesan Top our Crispy Caesar

Harvest Spinach Salad

Spinach Paired with Seasonal Harvest



*Classic Greek

Soups

Tomato Basil

Zucchini Garlic

VegeTable Soup

Broccoli & Cauliflower

Chicken Noodle

Potato Leek

Gazpacho



*Gazpacho

Cold Sides

Pasta Salad

Whole Fruit

Chips

Coleslaw

Fruit & Cheese tray

VegeTable Crudite
w/ Hummus



*Fruit

Hot Lunch Buffet

10.95 per person

Choose One Entree & Two Sides

*All Lunch Buffets include, Bread and House salad.

*Alternative Salads available for 2.00 additional.

Penne Bolognese

Italian Pasta Sauce, with Beef over Penne Noodles.

Bacon wrapped Chicken

Chicken Wrapped and Seared, with Pork Belly and Sage.



*Eggplant Parmesan

Eggplant Parmesan (v)

Fried Eggplant with Pomodoro Sauce, Basil and Mozzarella.

Lasagna

Cheesy Meat Lasagna, with a Béchamel Sauce (VegeTABLE also available)

Chicken with Avocado Salad

Seared Chicken with an Avocado, Grape Tomato and lime salad.

House Made Stuffed Peppers (v)

Meat or Vegetarian Rice Stuffed Peppers.



*House Made Stuffed Peppers

Slow Roasted BBQ Pork

Braised BBQ Served with a Bun

Hand Breaded Fried Chicken

White and Dark meat spiced and Breaded

Seared Herb Chicken

6oz Chicken Seared with Herbs from our House Garden

Spiral Ham

Spiral Cut Ham Glazed with Brown Sugar, Orange Zest, and Clove.

(V) = Vegetarian

Hot Sides

Macaroni & Cheese

Mashed Potato

Asparagus

Corn on the Cob

Roasted Potato

Tomato & Zucchini
Couscous



*Couscous/Asparagus

Beverages A La Carte

Water

Bottled .50

Cucumber .50

Thinly Sliced Cucumbers in a Pitcher of Ice Water.

Citrus .50

Thinly Sliced Citrus fruits in a Pitcher of ice water.

Coffee 1.00

Regular or Decaffeinated

Tea .50

Sweetened or Unsweetened

Hot Tea .50

Soft Drinks 1.00

Orange Juice .50

Lemonade .50



A La Carte

Priced per person

Variety of Pinwheels 2.00

Ham, Turkey, Roast Beef, and Cheese

Hors d'oeuvre

Caprese Skewers 1.50

Beef Caprese Skewer 2.50

Cheese tray 2.50

Shrimp Caprese Skewers 3.00

Stuffed Zucchini 2.50

Stuffed Mushrooms 2.50

Prosciutto Wrapped Asparagus 3.50

VegeTABLE Crudité 2.50



*Stuffed Zucchini

Picnic Ideas

Cheese tray 2.50

Grilled Cheese 3.00

Hot Dogs 3.00

Hamburgers 4.00

Taco Bar 4.50



*Grilled Cheese

Desserts

Fresh Strawberry Tart 3.00

Chocolate Covered Strawberries 2.50

Cookies 1.00

Brownies 1.00



*Fresh Strawberry Tart

*All A La Carte items at additional cost. Prices listed

ORDERING INFORMATION

At least 48-hours notice is preferred for all orders

We make all of our meals fresh per order and appreciate advanced notice to accommodate all orders.

Order via email or phone

Our catering team is ready to help you choose just the right meal for your event or choose from our menu online at www.centertable.com.

Then email your order to us at rsmith@brightoncenter.com or call in your order at (859) 292-5492 or (859) 801-2769

Delivery is available

Our catering team will coordinate your delivery. Delivery charges may apply for events over (30) miles from our facility. See our website for more details.



BRIGHTON CENTER
A COMMUNITY OF SUPPORT

WWW.CENTERTABLE.COM