

Brighton Recovery Center

"Women are encouraged to have safe, healthy and positive attitudes that values sobriety, ongoing recovery leading to successful lives."



547 women served in Fiscal Year 2015-2016

Programs

- Brighton Recovery Center for Women
- Center Table, *Catering with a Purpose*
- Sober Living



About 12 million Americans are caught in the grips of addiction each year. Women are the fastest growing segment of people with substance use disorder in the United States and often become addicted faster, have a harder time stopping, and are often the last to seek help.

For more information, contact Anita Prater, Brighton Recovery Center Director at (859) 491-8303 ext. 5482 or aprater@brightoncenter.com

All impact statements are for Fiscal Year 2016 (7/1/2015 through 6/30/2016)



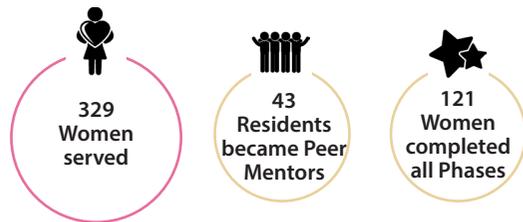
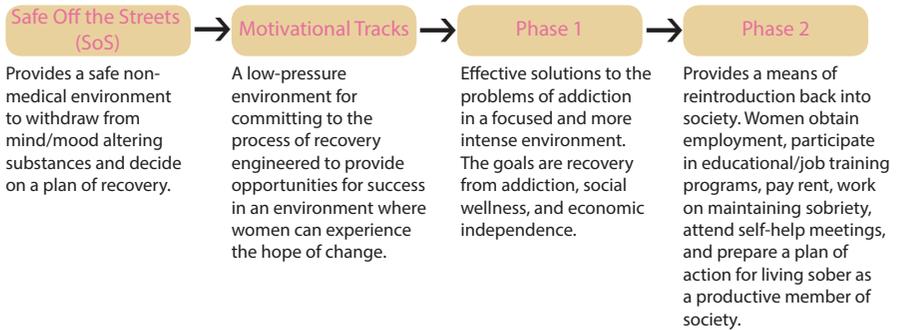
OUR MISSION:

To create opportunities for individuals and families to reach self-sufficiency through support services, education, employment, and leadership.

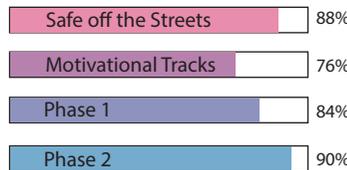


BRIGHTON RECOVERY CENTER FOR WOMEN

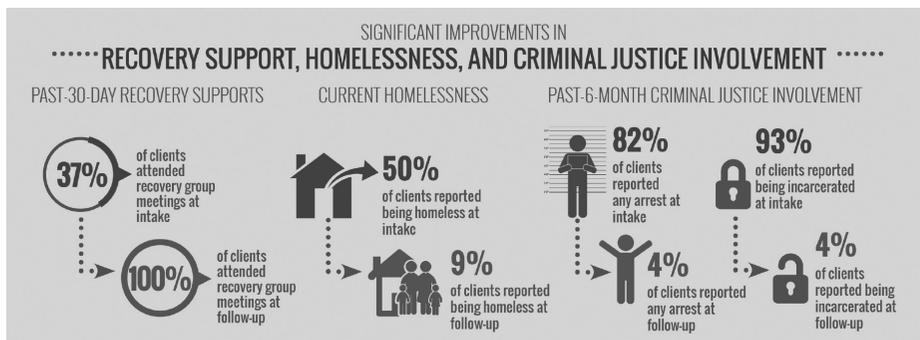
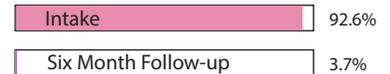
A long-term, holistic approach to recovery that is comprised of four distinct modules of progression and ultimately connected to an array of Brighton Center services. The 100-bed facility is located in Boone County and utilizes Recovery Dynamics. The focus is to help women change their behavior, skills, and attitudes related to their addictive lifestyle.



Retention Rates



Percent of women reporting using illicit drugs before entering the Recovery Center and at 6 month follow up.



COST SAVINGS OF RECOVERY CENTER SERVICES

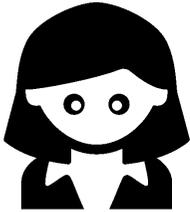


Estimates of the cost per drug user and alcohol user were applied to the sample to examine the total costs of drug and alcohol abuse to society in relation to expenditures on the Recovery Kentucky program. The cost savings analysis suggests that for every dollar spent on recovery services there was a \$2.99 return in avoided costs (i.e., costs to society that would have been expected given the costs associated with drug and alcohol use).

Prepared by: TK Logan, Ph.D., Allison Scribner, M.S., Jennifer Cole, Ph.D., and Jaime Miller. University of Kentucky Center on Drug and Alcohol Research 333 Waller Avenue, Ste. 480, Lexington KY 40504. Website: cdar.uky.edu/bhos

Brighton Recovery Center

Seven Year Impact Data (FY10- FY16)



2,011

women were served
residentially through the
Brighton Recovery Center
for Women



79%

of women reported no
relapse six months after
completing Phase 1 of the
program



212

women became
Peer Mentors

CENTER TABLE, *Catering with a Purpose*

CENTER TABLE is a catering social enterprise that uses fresh, house-grown, seasonal ingredients to create delicious food for all occasions from backyard barbecues to business lunches and elegant celebrations. Profits from CENTER TABLE support recovery efforts and culinary arts training programs for women with addiction. When you hire CENTER TABLE, you delight your guests with exceptional food and service while helping to transform lives.



163
Catered
Events



\$84,041
Generated
Income

The Culinary Training component of CENTER TABLE is an educational training program that has both life skills and food service curriculum available to Phase I & II residents in order to gain work in the food service industry after completion. Participants gain a full understanding of the food service industry through hands-on-training that includes food preparation and classroom participation totaling 34 hours a week for 6-10 weeks.



32
Phase I & II
Residents
Enrolled



34 Hours
Per Week for
6-10 Weeks



Life Skills
Training



Food
Service
Industry
Knowledge



Hands-on
Training



CONTACT US

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CENTER TABLE, *Catering With a Purpose* was developed to support women in recovery on their journey to self-sufficiency by providing a way to gain skills for employment in the food industry. About 43% of women in the Brighton Recovery Center are able to obtain employment in the food service industry during Phase II and after graduation. For women re-entering the community, having a means of income to support themselves and their families is critical to overall recovery. CENTER TABLE, *Catering with a Purpose* is here to insure their careers in the industry are long and successful.

SOBER LIVING PROGRAM



Provides safe, affordable housing to Brighton Recovery Center and Recovery Kentucky graduates that promotes permanent sobriety upon integration back into the community. The Sober Living Program believes housing and employment significantly increase an individual's opportunity to stay clean and sober.