

# Support Groups

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
24 Hour Parent Helpline		513-961-8004	Parents can call any time for support, parenting tips, crisis intervention, referrals or just to talk. Often the call is a first step towards help.	Northern Kentucky
ADD Support Group Online		www.addhelpline.org www.addhelpline.org/chatroom.htm	For parents of children who have been diagnosed with ADD. Online meetings from 9-10pm on Tuesdays.	National
Agoraphobics Building Independent Lives	200 Medical Village Drive Edgewood KY 41017	859-342-6679	Held at St. Elizabeth's South. Support group for people with Agoraphobia	Northern Kentucky
Al-Anon & Alateen	KY	859-784-2444	Al-Anon offers a 12-step recovery program for family and friends of alcoholics. Alateen is part of the Al-Anon fellowship and is designed for younger relatives and friends (through age 19) of alcoholics. Offers 90 meetings every week in the Greater Cincinnati/Northern Kentucky area. Call for specific times and locations.	Northern Kentucky
Al-Anon Family Group Meetings	17332 Dixie Branch Lakeside Park KY 41017	859-760-6178	Support for family of alcoholics; Meetings held at various locations	Northern Kentucky
Al-Anon-Pendleton County	Falmouth KY 41040	859-654-6974	Meetings in Falmouth Th 7pm, Aftercare meetings in Falmouth the 7 pm	Pendleton

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Alcoholics Anonymous	202 West 11th St Newport KY 41071	859-491-7181/ 859-802-1876/ 877-257-7856	International Fellowship for recovering alcoholics and addicts. Call the number for meetings closest to you. All meetings are free. Focused meetings are available including: Women's, Men's, Speakers, etc.	Northern Kentucky
Alcoholics Anonymous	1729 Madison Ave. Covington KY 41011	859-491-7181/ 800-467-8019	Alcoholics Anonymous has 116 groups, at least 2 each day of the week in Boone, Kenton, and Campbell counties. Thirteen groups exist in surrounding counties including Bracken, Grant, Carroll, Gallatin, Owen, and Pendleton. Call for details and times.	Northern Kentucky
Alcoholics Anonymous 24 Hour Hotline		513-351-0422		Northern Kentucky
Alcoholics Anonymous-Promises Club	116 W. Ninth St. Newport KY 41071	859-431-2135	Fellowship of recovering alcoholics who meet regularly to help each other stay clean by sharing their experiences, strength, and hope. Open 10:00 am - 10:00 pm on weekdays, 10:00 am - 11:00 pm on weekends. Monday's at 12pm, 5:30pm, 8pm / Saturdays at 12pm, 2pm, 6:45pm / Sunday's at 10:30am, 3pm, 7:30pm	Northern Kentucky
Alcoholics Anonymous- The Russell Club	722 Washington St. Covington KY 41011	859-261-3157	Meeting for AA at 12:00 noon, 6:00 pm, and 8:30 pm daily. Beginners meet separately.	Northern Kentucky
Alcoholics Anonymous-Pendleton County	Falmouth KY 41040	859-654-6974	Meetings in Falmouth M,W,F @ 8pm, Th @ 2 & 7 pm, Sat 2pm, Tu @ St. Xavier @ 8 pm.	Pendleton

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Alcoholics Victorious	3946 Hopper Hill Cherry Grove OH 45255	513-956-9844 Act319@hotmail. com	An interdenominational supportive fellowship for individuals and family members to whom alcohol and drug addiction is an on-going threat. Call for times and locations of meetings. Web site: www.iugm.org	Greater Cincinnati
Alcoholism Council of the Cincinnati Area	2828 Vernon Place  Cincinnati OH 45219	513-578- 3233/513-281- 7880	The council provides residents of the greater Cincinnati area with a complete range of alcohol and other drug prevention, education and treatment programs designed for individuals, families, schools and organizations.	Greater Cincinnati
American Chronic Pain Support Group @ St. Luke East Hospital	85 N. Grand Ave. Fort Thomas KY 41075	859-441-7763 Dottie Kinsman	Offers support and information for people with chronic pain. Meets first Wednesday of every month from 10:00 am – 11:15 am.	Northern Kentucky
Anxiety/Depression Support Group	2139 Auburn Ave Cincinnati OH	513-287-8542 Sheila Sims	Held at Christ Hospital, on Cafeteria Level A. For people suffering from Anxiety Disorders such as panic disorder and Agoraphobia, as well as depression. Meets the 1st and 3rd Wednesday of each month 6:00-7:30 pm.	Northern Kentucky
Arthritis Foundation	7124 Miami Ave. Cincinnati OH 45243	513-271-4545	Education; Support Groups; Exercise programs for children and adults with arthritis.	Northern Kentucky
Aspergers Playgroup		513-459-7596/ 513-255-3815 gdlma@yahoo.co m (subject playgroup)	informal and family-sponsored and meets on a bi-weekly basis. Provide children the opportunity to meet peers with similar interests for playdates and forming friendships. NO fees are required except personal costs of transportation or admission for activities .	Greater Cincinnati

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Autism Society of Cincinnati Children's Hospital	3333 Burnet Ave. Cincinnati OH 45229	513-561-2300	Meetings held the second Tuesday each month at Kenwood Baptist Church 8341 Kenwood Road Cincinnati Ohio. General Autism support group meets in the odd months (Jan, March etc.). Asperser's Syndrome Support Group for people with autism who are high functioning meets in the even months (Feb, April, etc.).	Greater Cincinnati
B.R.I.D.G.E.S. Sponsored by: RNNK	605 Madison Ave. Covington KY 41011	859-431-2134	Building Recovery of Individual Dreams and Goals through Education and Support meets 2nd & 4th Mon. 12:30 – 2 pm., 722 Scott St., 1st Floor.	Northern Kentucky
Bipolar Support Group	500 Chapel St Falmouth KY	859-654-1855 Bridget	Held at the Falmouth School Center. Offers education and support for people with bipolar disorder. Meets the 1st and 3rd Monday of the month from 6:30-8:00p	Grant & Pendleton
Bipolar Support Group & Families of Bipolar Support Group @ Christ Hospital	2139 Auburn Ave. Cincinnati OH 45219	513- 721-2910	Group meets Tuesdays from 6:00-7:45pm. A group for family members meets at the same time and location. Call for more information. Classroom 2 by Cafeteria. Sponsored by the Mental Health Association of Southwest Ohio.	Greater Cincinnati
Boys and Girls Town National Hotline		800-448-3000	24 hour support. Teens can call to talk to a counselor about any problems or questions. Also, suicide and crisis hotline	National

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
BRIDGES	722 Scott ST Covington KY	859-431-2134	Consumer facilitated support group for anyone who is diagnosed with a mental illness. Structured way to strengthen each other's coping skills and provide hope in dealing with the realities of daily life with a mental illness. Meets every 2nd and 4th Monday of the month from 12:30 pm to 2:00pm (meeting hosted by NorthKey)	Northern Kentucky
Catholic Social Services- Adolescent Sobriety Group	3629 Church St Covington KY	859-581-8974	Every Monday from 5:00-6:00 pm. To Educate and provide support for teens transitioning from residential, inpatient or outpatient care. Participants must be between the ages of 13 and 18. A total of 8 group sessions. Call for further information	Northern Kentucky
Co-Dependants Anonymous	7380 Turfway Rd Florence KY 41042	859-282-1639	Held at St. Luke Hospital West, First Floor ER Conference Room. Meets every Saturday from 10 am-11 am. Twelves Step Self-help for Co-Dependants.	Northern Kentucky
Cutting Hotline		800-DON'T CUT (366-8288)		Kentucky
Depression and Bipolar Support Alliance	314 N Fort Thomas Ave Fort Thomas KY 41075	859-781-1790	Held at Highland United Methodist Church. The mission is to improve the lives of people living with mood disorders. Offers FREE peer to peer support group where people with mood disorders and their families can come to get support, education and tools needed on the road to recovery.	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Depression Support Group	2690 Dixie Highway Lakeside KY 41017	859-431-1077	Held at Lakeside Presbyterian Church. For people experiencing depression, their families and friends. Meets every Thursday night from 6:30-8:00 pm. Please call before attending your first meeting.	Northern Kentucky
Depression Support Group	513 Madison Ave., 3rd Floor Covington KY 41011	859-431-1077	Meets every Thursday 6:30 pm to 8 pm to provide information and support to persons suffering from depression. Please call before attending for the first time	Northern Kentucky
Eating Disorder support group sponsored by ANAD	3200 Burnet Ave, Union St Paviolion Cincinnati OH 45229	513-207-3010	2nd Floor, staff conference room. Meets from 6:00-7:15 pm on the 1st and 3rd Tuesdays of each month	Northern Kentucky
Epilepsy Foundation of Greater Cincinnati, Inc.	895 Central Ave., Ste. 550 Cincinnati OH 45202	513- 721-2905	Support groups; Information; Education; Children's Camp; etc.	Northern Kentucky
Eve Center	4904 Glenway Ave Cincinnati Oh 45238	513-985-9959	Provides free faith based support by women for women ages 13 and above as they regain their emotional, mental and spiritual health. Also offered are support groups, Bible studies and a lending library. The eve Center is a branch of the Center for Women's Ministries.	Greater Cincinnati
Eve Center	6969 Montgomery Rd Cincinnati OH 45236	513-985-9959	Provides free faith based support by women for women ages 13 and above as they regain their emotional, mental and spiritual health. Also offered are support groups, Bible studies and a lending library. The eve Center is a branch of the Center for Women's Ministries	Greater Cincinnati

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Family Support Group Core Behavioral Health Services	4968 Glenway Ave. Cincinnati OH 45238	513-541-7577	Basic family support for any adult family member of a person who has a serious mental illness. Meets the 1st Tuesday of the month at 7:00pm in the waiting room.	Greater Cincinnati
Friendship Club	513 Madison Ave Covington KY 41011	859-431-2134	Social group for adult mental health consumers. Call for more information	Northern Kentucky
Gamblers Anonymous and Gam-Anon		513-244-9779 24 Hour Hotline	For those who need assistance with the addiction to gambling.	National
Grandparents raising Grandchildren	1124 Scott Blvd Covington KY 41011	859-655-6904 Ethel Ingalls	Support for Grandparents raising grandchildren	Kentucky
Grief Recovery Helpline		800-445-4808		Kentucky
Hospice of Northern KY	1403 Alexandria Pike  Fort Thomas KY 41075	800-200-5408/ 859-441-6332 Carol Shawinski	8a-5p. Offers support groups and individual counseling for children who have experienced the death of a family member	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Important Beginnings- St. Luke West Hospital - Physicians for Women Office Waiting Area	7380 Turfway Rd. Florence KY 41042	859-962-5200	Important Beginnings is a support group that offers a unique opportunity to teen parents. The group will provide a place for teen parents to share information and support one another in a comfortable setting. The support group will also share resources and provide education on interesting parenting topics. Meets every 1st Thursday of the Month at 7:00 pm.	Northern Kentucky
M.A.D.D. (Mothers Against Drunk Driving)	3801 Hauck Rd. Sharonville OH 45241	513-769-6800	Call for more information.	Greater Cincinnati
Men for Sobriety		513-489-7141		Greater Cincinnati
Men with Depression	4531 Reading Road Cincinnati OH 45202	513-929-4071 Ervin Waldbilling	A support group for men with depression. Meets the first and third Monday of each month from 7:00-8:30 pm	Northern Kentucky
Men's Wellness Group	605 Madison Ave Covington KY 41011	859-431-2134	Recovery Network support group. Meets weekly. Call for details	Northern Kentucky
Mothers of Special Children of NKY	15024 Decoursey Pike Morning View KY 41063	859-356-8499	Support groups for mothers of children with special needs	Northern Kentucky
NarcAnon		513-752-8281	Support groups for family and friends of drug addicts. Call for meeting times and locations.	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Narcotics Anonymous		513-820-2947	Support for people with drug addiction problems. Call for times and locations of meetings. (24 hours).	National
Narcotics Anonymous Hope Line		800-587-4232		Northern Kentucky
National Alliance for Mental Illness of Northern Kentucky		513- 474-5989/ 859-781-4539/ 859-647-9487 Betty/Dixie/Joanna	A self-help organization for families and friends of someone who has a mental illness, as well as for consumers. Goals include: mutual support, public and personal education about mental illnesses, and advocacy for research and better services. Business Meeting & Care and Share: fourth Monday of each month at 7:00pm at the Erlanger Baptist Church educational building.	Greater Cincinnati
National Empowerment Center	20 Ballard Rd. Lawrence MA 1843	800-POWER-2-U	Network for consumer/survivors. Staff available for speaking, education, training, and workshops.	National
Nicotine Anonymous		513-230-5475 24 hours	Support for people with nicotine addiction problems. Meetings held on Tuesday's at 7pm at The Price Hill Community Church. Thursday's at 7pm at The Hyde Park Methodist Church. Saturday's at 12:30pm at The Christ Hospital.	National
Northern Kentucky People Advocating Recovery	513 Madison Ave. Covington KY 41011	859-292-2482	People in recovery, family members and friends affected by addiction, people who work in the field or anyone who is wants to advocate for recovery and recovery resources.	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
NorthKey Children's Education and Support Group	10th & Monmouth Sts Newport KY 41071	859-431-4450 Connie Martina	Information and support for children ages so they can understand the disease of addiction, how it has affected their life and how they can recover along with their family member. For children ages 6-12 who have a parent guardian or significant adult in their life recovering from substance abuse. Meets during the school year Mondays from 4-5pm, and During Summer Tuesdays from 10-11am	Northern Kentucky
Obsessive-Compulsive Anonymous	328 W. McMillian St Clifton Heights OH	513-271-7723	Meets Mondays at 7:00 pm at St. Monica's Community Center at University Court and Fairview Avenue in Clifton (behind St. Monica's Church)	Northern Kentucky
Parents and Caregivers of Children with Bipolar Disorder		513-467-0423/ 513-542-3968	Meets the Third Tuesday of every month at 7:00 pm at Children's Hospital Sabin Education Center, Rooms D-24 and D-25, 2nd Floor. Call for more information	Northern Kentucky
Peer Support Group	2601 Melrose Ave, Suite B100 Cincinnati OH	513-221-8660	Support group for people with depression, as well as other mental illnesses. Call for more information 10:30 am-4 pm M-F	Northern Kentucky
Recovery, INC.	4511 Wayne Trace Rd. Hamilton OH 45011	513-726-6123 Carol Jones	Self-help groups for people 18 and older. Provides will training to control anxiety, depression, etc. No fee charged, but voluntary contributions are accepted.	Greater Cincinnati
S.M.A.R.T. (Self Managing and Recovery Training) University Hospital	234 Goodman Ave. Cincinnati OH 45267	513-521-2391	Meets at 7:30 pm on Wednesdays and Saturdays at 4pm in Room A of the dining room at University Hospital. Call for more information.	Greater Cincinnati

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
Schizophrenics Anonymous	605 Madison Ave. Covington KY 41011	859-431-2134	weekly support group for those dealing with schizophrenia. Support in dealing with the outside world. Meetings are held every Wednesday afternoon starting at 1:30 pm.	Northern Kentucky
Southeastern Indiana Autism Parent Support Group	Batesville Public Library Batesville IN	812-689-5671  Jeanette Mattingly	Autism Support group meets third Monday of the month at the Batesville public library at 7 pm.	Northern Kentucky
St. Elizabeth Hospice: Journey through Grief Support Group	Gloria Dei Lutheran Lakeside Park KY	859-292-4916  James Ellis	A 6 meeting class for adults dealing with grief and loss. The class meets every other week for 6 meetings. Call for start dates and times	Northern Kentucky
St. Elizabeth Hospice: Men's Breakfast Club	Atria Summit Hills Assisted Living Facility Crestview Hills KY 41017	859-292-4916  James Ellis	An informal, once a month meeting for widowers. NO reservations required. Meets the 2nd Tuesday of each month, 9:30a	Northern Kentucky
St. Elizabeth Hospice: Parent's H.O.P.E.	Gloria Dei Lutheran Lakeside Park KY	859-292-4916  James Ellis	Helping Overwhelmed Parents Endure meeting for parents who have experienced the loss of a child. Meets on the 2nd Monday evening each month 6:30-8p	Northern Kentucky
St. Elizabeth Hospice: STARS Grief support for kids	Gloria Dei Lutheran Lakeside Park KY	859-292-4916/ 859-292-0244 James Ellis	A support group for school aged children and their caregivers who have experienced the loss of a loved one. Meets the 1st and 3rd Tuesdays of the month during the school year.	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
St. Luke Hospital West Alcohol and Drug Treatment After-care Sessions	512 Maple Ave. Falmouth KY 41040	859-572-3500	For graduates of the St. Luke Alcohol and Drug Treatment Center Program or any treatment center. Programs are held at 7pm. every Thursday at the Center in Falmouth and at 5:30 pm every Monday at the St. Luke West Community Outreach Building (Turfway Road). Also offer Al-Anon and AA; meetings in Falmouth.	Northern Kentucky
Staying Stopped Smoking Cessation	85 N. Grand Ave. Fort Thomas KY 41075	859-572-3382	Meets at St. Luke East Tuesday's from 6:30pm-7:30pm. Need to make reservations. Sessions begin in January, April and September.	Northern Kentucky
Survivors After Suicide- Mercy Franciscan Terrace	80 Compton Rd.  Cincinnati OH 45215	513-729-2960/ 513-385-6110 Diana	A Support Group for people who have experienced a suicide in the family. Meets every third Monday's at 7-9pm. Call for more details.	Greater Cincinnati
Survivors of Suicide- Christ Church (United Church of Christ)	15 S. Fort Thomas Ave. Fort Thomas KY 41075	859-441-1958	Provides a comfortable setting for sharing and support to anyone who has experienced the death of a loved on by suicide. The group is open to parents, siblings, relatives, friends or a spouse. There is no charge. Meets the first Tuesday of each month at 7:00pm .	Northern Kentucky
The Grandparent Connection- Open Arms Support Group		270-737-5110 /270-828-8537/ 877-6026	Resources and support for grandparents/relative caregivers raising children. Particularly grandparents raising children wit emotional, physical and mental health disabilities. Also offers trainings	Northern Kentucky

## Support Groups

Agency or Organization	Address	Phone	Services Provided	Service Area
The Homeless and Missing Service	220 1/2 Putnam St Marietta OH 45750	740-373-3445/ 740-423-4279	Assists families and friends in locating homeless and missing loved ones with serious mental illness	Northern Kentucky
Tough Love		859-261-8148	Parents of rebellious teens can call for telephone support and local referrals <a href="http://www.toughlove.org">www.toughlove.org</a>	Northern Kentucky
Warm Line		513-931-9276	"if you just need to talk"	Northern Kentucky
Women for Sobriety		513-489-7141		Northern Kentucky
Women's Crisis Center- Women's Self-Esteem Group	835 Madison Ave. Covington KY 41011	859-491-3335	Group meets Tuesdays from 5:00-7:00pm.	Northern Kentucky
Women's Wellness Group	605 Madison Ave Covington KY 41011	859-431-2134	Recovery Network support group. Meets each Tuesday at 1 pm	Northern Kentucky
Young People's AA @ St. Luke Hospital West Community Outreach Building	7380 Turfway Rd. Florence KY 41042	859-962-5384	Meets at St. Luke West on Wednesday's from 7pm-8pm. Reservations required.	Northern Kentucky